

# Fremont High School Bell Schedule

## Regular Day Bell Schedule

Applied Tech., FACS, Visual Arts,  
Foreign Language, Health Sciences,  
Language Arts, Resource, Science

Business,  
Math, P.E., Seminary,  
Performing Arts, Social Sciences

**Warning Bell:** 7:40  
**1st/5th Period:** 7:45 - 9:03  
**2nd/6th Period:** 9:08 —10:26  
**FLEX** 10:26 - 11:06  
**(Announcements end of FLEX)** 10:59-11:06  
**1st Lunch** 11:06 - 11:44  
**3rd/7th Period:** 11:49 - 1:07  
**4th/8th Period:** 1:12 - 2:30

**Warning Bell:** 7:40  
**1st/5th Period:** 7:45 - 9:03  
**2nd/6th Period:** 9:08 —10:26  
**FLEX** 10:26 - 11:06  
**(Announcements end of FLEX)** 10:59-11:06  
**3rd/7th Period:** 11:11- 12:29  
**2nd Lunch** 12:29 - 1:07  
**4th/8th Period:** 1:12 - 2:30

