

Volume 1, 2018

What's Up, At Fremont High?



Welcome Back Wolves!!!! The year has begun and we are happy to be back. Please follow our activities @THEfremonthigh on Twitter for updates. While you are on Twitter or Instagram you can also see what is going on by typing #Packunited

## **Hope Squad**

We are excited to get our Hope Squad up and running this year! The purpose of the squad is to:

- Enhance the health and safety measures already in place at a school
- Educate students on how to recognize warning signs of suicide
- Educate students how to respectfully reports potential suicide behavior
- Train students how to interact with, watch, and support fellow students/friends who may be struggling
- Implement evidence-based strategies through HOPE Squad training programs
- Reduce suicide attempts

“As a teacher here at Fremont High School I'm thankful for a program like HOPE SQUAD that empowers students to make a difference not only in their lives but those that are around them. In my experience in working with teenagers at a lock down facility, I've seen individuals at their lowest point in their lives. However, with support and love from people all around us, lives can be changed in a positive way just because somebody

cared. If people would remind themselves how they would like to be treated this world would definitely be a better place.” – Chris Hancock, teacher advisor

## **Cross Country**

A big thank you to the Fremont Cross Country:

The cross country team went to the animal shelter every Wednesday this summer to take the dogs for a run. They would meet at the fairgrounds to run 2-3 miles before the shelter opened. Then once the shelter opened they would get in pairs and take the dogs out to run and play for about 30 minutes to make sure all the dogs were able to get out of their cages for the day.



**Fremont English Department**

Now is the hour to bring your most haunting stories to life! It's time for the FHS Scary Story Contest. Listen to your ghostly imagination and let the ghouls of creativity fly. But remember after the deadline of 3 P.M. on October 15, 2018, your words will become as silent as the grave!

1<sup>st</sup> and 2<sup>nd</sup> place will be published in the school's literary magazine, *The Howl Chronicles*, and receive cash treasure.

Requirements for the story:

- emailed to [lyguiver@wsd.net](mailto:lyguiver@wsd.net)
- typed, double spaced
- no longer than FIVE pages
- your original work
- Language and content should be appropriate for a public school setting.



Haunt room B207 and you will find the entry form. If you have any questions, rattle them off to Miss Guiver and she will help you summon the answers.

## **HOSA**

HOSA is kicking off their fight against childhood hunger the first week of September!

HOSA provides Weekend Food Packs to local elementary schools! To start of the project this year students did a food drive at Walmart, have assembled the food packs and are ready for delivery the first week of September. HOSA provides over 50 food packs a week to the community to help children have food to eat over the weekend.

The students work hard to facilitate this service project, and are thankful to the many people who donate and support this amazing program. Fremont HOSA implemented the Weekend Food Pack project 3 years ago and each year the number of students receiving food packs grows.



HOSA also has 5 students starting the community CERT class (Certified Emergency Response Team) on September 6th. After completion, these students will become part of Fremont's CERT team and help with emergency drills and situations.



**Seussical the Musical!**

We are hard at work already with Seussical! Here is a picture of Madison Maughan training on aerial silks for the show. Show dates are Nov. 9, 10, 12, 16, and 17. Tickets will be available starting in October at [fhs.wsd.net](http://fhs.wsd.net). We had auditions for the show this past week, and ended up with close to 90 students in the production. We will also be adding a live orchestra and stage crew with around 30-40 additional students. Each of these students will spend weeks learning all the music, choreography, blocking, and scene changes for the show. I will try to send you more pictures and updates as they come.



**GO WOLVES!!!!!!! #Packunited**

## CONTACT

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## FFA Members, Teams Vie for Selection to Compete in 2018 National FFA Agriscience Fair

INDIANAPOLIS (Friday, Aug. 3, 2018) – More than 20 agricultural teachers, state leaders and college professors from throughout the U.S. recently met in Indianapolis to determine what FFA members and teams will compete for top honors in the 2018 National FFA Agriscience Fair.

Jaycee Bennett, and Drake Wycherley of the Fremont FFA chapter in Plain CITY, Utah, has been named a national finalist this year in the POWER, STRUCTURAL AND TECHNICAL SYSTEMS category in the Division 4 of the competition.

The National FFA Agriscience Fair is a key competition that is part of the annual National FFA Convention & Expo, Oct. 24-27 in Indianapolis. Individuals or teams compete in one of six categories – animal systems; environmental services/natural resources systems; food products and processing systems; plant systems; power, structural and technical systems; or social science.

First-place winners in each state have qualified for the national pre-qualifying judging. The panel of judges reviewed entries and selected a maximum of 12 in each category and division to move on to the national competition.

The 2018 National FFA Agriscience Fair is sponsored by Cargill, Chevrolet, John Deere and Syngenta.

The National FFA Organization provides leadership, personal growth and career success training through agricultural education to 653,359 student members who belong to one of 8,568 local FFA chapters throughout the U.S., Puerto Rico and the U.S. Virgin Islands. The organization is also supported by 344,239 alumni members in 2,051 alumni chapters throughout the U.S.

### About National FFA Organization

The National FFA Organization is a national youth organization of 653,359 student members as part of 8,568 local FFA chapters in all 50 states, Puerto Rico and the U.S. Virgin Islands. The organization is supported by 344,239 alumni members in 2,051 local FFA Alumni chapters throughout the U.S. The FFA mission is to make a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education.



Jaycee Bennett, and Drake Wycherley receiving the 2018 First place Utah State FFA Agri- Science award.

They are qualified to compete at the National contest held in Indianapolis Indiana October 2018.

We are proud of these students.

Fremont FFA advisors:

Mr Ellertson, Ms Selman,  
Mr Demorest, Mr Selman  
Ms Pontious

